

# Tramore & Carbally Parish Newslink

Sunday 10th February 2013  
5th Sunday in Ordinary Time



YEAR OF FAITH <sup>2012</sup>/<sub>2013</sub>

## MASS TIMES

*Holy Cross Tramore*

### Saturday

10am  
& 7.30pm (Vigil)

### Sunday

8.30am, 10.30am and  
12 noon

**Monday – Friday**

7.30am & 10am

### **CONFESSIONS**

Saturday 10.30am & 7pm  
and Upon Request

**NOVENA OUR LADY  
OF PERPETUAL HELP**  
Mondays after 10am Mass

**EXPOSITION OF THE  
BLESSED SACRAMENT**

Thursday after 10am Mass  
until 6pm

*Our Lady's Carbally*  
**Mass on Sunday**  
11.30am

**Parish website**  
www.tramoreparish.ie



## Ash Wednesday 13th February

In the Roman Catholic Church, Ash Wednesday is the first day of Lent, the season of preparation for the resurrection of Jesus Christ on Easter Sunday. Ash Wednesday always falls 46 days before Easter. Since Easter falls on a different date each year Ash Wednesday does, too.

While Ash Wednesday is not a Holy Day of Obligation, all Roman Catholics are encouraged to attend Mass on this day in order to mark the beginning of the Lenten season.

### **The Distribution of Ashes:**

During Mass, the ashes which give Ash Wednesday its name are distributed. The ashes are made by burning the blessed palms that were distributed the previous year on Palm Sunday; many churches ask their parishioners to return any palms that they took home so that they can be burned.

After the priest blesses the ashes and sprinkles them with holy water, the faithful come forward to receive them. The priest dips his right thumb in the ashes and, making the Sign of the Cross on each person's forehead, says, "Remember, that thou art dust, and to dust thou shalt return" (or a variation on those words).

### **A Day of Repentance:**

The distribution of ashes reminds us of our own mortality and calls us to repentance. In the early Church, Ash Wednesday was the day on which those who had sinned, and who wished to be re-admitted to the Church, would begin their public penance. The ashes that we receive are a reminder of our own sinfulness, and many Catholics leave them on their foreheads all day as a sign of humility.

### **Fasting and Abstinence Are Required:**

The Church emphasizes the penitential nature of Ash Wednesday by calling us to fast and abstain from meat. Catholics who are over the age of 18 and under the age of 60 are required to fast, which means that they can eat only one complete meal and two smaller ones during the day, with no food in between. Catholics who are over the age of 14 are required to refrain from eating any meat, or any food made with meat, on Ash Wednesday.

### **Taking Stock of Our Spiritual Life:**

This fasting and abstinence is not simply a form of penance, however; it is also a call for us to take stock of our spiritual lives. As Lent begins, we should set out specific spiritual goals we would like to reach before Easter and decide how we will pursue them — for instance, by going to daily Mass when we can and receiving the Sacrament of Confession more often.

### Masses on the Day

Tramore 7.30am. 10.00am. 7.30pm.

Carbally 7.30pm.

Ashes distributed at all Masses

*Please remember in your prayers.....*

*Those who died recently:*

Richard Power  
Maura Leonard

*Those whose anniversary occurs:*

Mary & Jim Hally  
John Maher  
Maureen Coyne 1st Anniversary  
Nora McCormack  
Bridget O'Gorman  
Jill Kenny  
Joe Feighery  
Lena Cowman  
Patricia Sheedy  
Sr Columba (Clonmel)

*We also remember those who were baptised recently:*

Isaac Dooly  
Shay Crowley  
Robert Kirwan/Downey  
Chloe Walsh



*Congratulations to their parents and family*

**Collections Last**

**Weekend:**

Tramore €365  
Carbally €4120

Thank you for your continued generosity in the upkeep of our churches.

**Taizé Prayer Group**

Meeting :Thurs 14th Feb at 7.30pm.  
Sancta Maria Riverstown.

**Divine Mercy Conference 2013**

February 16th/ 17th  
RDS Main Hall  
Booking 01-8313119 or 01-8393691/01-8315647

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Saturday 9th	<b>10.00am</b>	Philip Gallagher
	<b>7.30pm (Vigil)</b>	Amenah Fitzpatrick (1st Anniversary)
Sunday 10th	<b>8.30am</b>	Maria Howard & son John
	<b>10.30am</b>	Felix Mc Carthy & Maura McCarthy
	<b>12 noon</b>	Dunphy & Brennan Family
Monday 11th	<b>7.30am</b>	John B Sheridan
	<b>10.00am</b>	William Hartley
Tuesday 12th	<b>7.30am</b>	William Stack
	<b>10.00am</b>	Pat O'Brien
Wednesday 13th	<b>7.30am</b>	Philip Gallagher
	<b>10.00am</b>	Paddy Dunne ( Months Mind)
Thursday 14th	<b>7.30am</b>	Joan Crosbie
	<b>10.00am</b>	Michael Cusack
Friday 15th	<b>7.30am</b>	Holy Souls
	<b>10.00am</b>	Mary Chessman nee Hamilton
Saturday 16th	<b>10.00am</b>	Mary Lodge
	<b>7.30pm</b>	Paddy Connors
Sunday 17th	<b>8.30am</b>	Bridie Hayes
	<b>10.30am</b>	Christy Crowley
	<b>12.00noon</b>	Tom Kavanagh 1st Anniversary
<b>CARBALLY</b> Sunday 10th Feb	<b>11.30am</b>	Tony Caulfield Daniel Doyle Michael Power, Lisselty
Sunday 17th Feb	<b>11.30am</b>	

**Tramore ICA Notes**

Thanks to Noel Power for such an interesting insight into the church crib, also Ian Lennon from Age Action talking about their new project for Tramore  
Our next meeting is on Wed 13 Feb at 8pm in Tramore House.

The Federation lunch on Thurs 14 February, at the Goldcoast Dungarvan, 12.30 Sharp  
Aqua Aerobics at Splashworld every Tuesday and Thursday 9am till 10am, & bowling at Williamstown Thurs 12pm - 1pm.

On Sat 16 Feb we will be walking the Doneraile, at 11am Meet in the car park opposite the Majestic hotel..

As always new members are very welcome

**STATIONS OF THE CROSS**

The Stations of the Cross will be celebrated every Friday after 10.00am  
Mass beginning Friday 15th February 2013

**Next Week's Teams:**

**Weekend 16/17 Feb**

**Readers: Team C**  
**Ministers : Team 1**  
**Servers: Team :St Declan**  
**Cleaners: Joan Phelan and her Team**

**Year of Faith Presentations**

"The Diocese of Deise people"  
**Mgr Michael Olden**

Mgr Michael Olden is a priest of the Diocese of Waterford & Lismore. He was previously professor of Church history and president of Maynooth College. He has written extensively on historical and pastoral subjects. Mgr Michael will present to us, over two evenings, the history of the diocese.

**Venue: St John's Pastoral Centre**

**Wednesday 6th February at 7.30pm.**

**&**

**Wednesday 20th February at 7.30pm.**

**EVENING REFLECTION**

**FOR MINISTERS OF THE WORD**

As part of the Year of Faith, there will be an evening of prayer, reflection, and guidance for Ministers in our churches  
On Tuesday 12 February.  
This will take place in St John's Pastoral Centre, beginning at 7.30pm.  
Everyone involved in this Ministry are welcome and encouraged to attend.