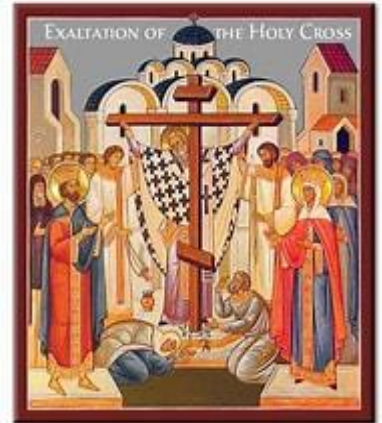




# *Tramore & Carbally Parish Newslink*

*Sunday 14<sup>th</sup> September 2025*

*The Exaltation of the Holy Cross*



## **MASS TIMES**

*Holy Cross Tramore*

**Saturday:** 10am & 7.30pm (Vigil)

**Sunday:** 8.30am & 11am

**Monday - Friday** 10.00am

### **CONFESSIONS**

Saturday 10.30am & 7pm and upon Request

### **NOVENA TO OUR LADY OF PERPETUAL HELP**

Mondays after 10am Mass

### **HOLY FACE DEVOTION**

Tuesday after 10am Mass

### **DIVINE MERCY**

Wednesdays at 3pm

### **EXPOSITION OF THE BLESSED SACRAMENT**

Thursday after 10am Mass until 5pm

Church closes at 4pm Monday – Wednesday  
and Friday & 5pm Thursday

### **PRAYERS FOR HOLY SOULS**

Friday after 10am Mass

*Our Lady's Church, Carbally*

**Sunday at 11.00am**

*Church of the Immaculate Conception Fenor*

**Saturday Vigil at 6pm**

*Sacred Heart Church, Dunhill*

**Sunday at 9.30am**

### **COVID -19**

It is recommended that all Parishioners continue to  
sanitize their hands on entry and exit from the church

**Priest on Duty**  
**086-6004384**

## **The Exaltation of the Holy Cross**

Early in the fourth century, Saint Helena, mother of the Roman Emperor Constantine, went to Jerusalem in search of the holy places of Christ's life. She razed the second-century Temple of Aphrodite, which tradition held was built over the Saviour's tomb, and her son built the Basilica of the Holy Sepulcher on that spot. During the excavation, workers found three crosses.

One cross immediately became an object of veneration. The following day, the cross that Empress Helena had discovered on 14 September 320, was venerated in a solemn ceremony. At a Good Friday celebration in Jerusalem toward the end of the fourth century, according to an eyewitness, the wood was taken out of its silver container and placed on a table together with the inscription Pilate ordered placed above Jesus' head: Then "all the people pass through one by one; all of them bow down, touching the cross and the inscription, first with their foreheads, then with their eyes; and, after kissing the cross, they move on."

In 614, the Persian King, Chosroes II, waged war on the Romans. After conquering Jerusalem, he confiscated many treasures, among which was the Cross of Jesus. The Byzantine emperor Heraclius initiated peace negotiations but was rejected. He then waged war and won near Nineveh, asking for the restitution of the Cross, which then returned to Jerusalem.

To this day, the Eastern Churches, Catholic and Orthodox alike, celebrate the Exaltation of the Holy Cross on the September anniversary of the basilica's dedication. Today, the cruelty of the Cross is not what is exalted, but the Love that God manifested to humanity by accepting death on the Cross: "Who, though in the form of God, emptied himself, taking the form of a slave. This is the glory of the Cross of Jesus!" (Pope Francis)

Here in Holy Cross Church, we have a relic of the true Cross. It will be placed before our Altar for all Masses this weekend.

*Masses booked for the coming week:*

*Please remember in your Prayers.....*

*Those who have died recently:*

Timothy Moylan

*Those whose Months mind Occurs:*

*Those whose' Anniversary Occurs:*

Clodagh Floud

Bridget Leonard

Maurice & Lilian Fitzgerald &

deceased members of Fitzgerald & McNeff families

Eileen & Thomas Power

Margaret & John O'Keeffe & John Jnr

Jim Brophy

David Cowman

Power family, Dunabrattin

Bridget & Thomas Elliott

Celia O'Connor

Mary Dunphy

**Next Week's Team** 20/21 Sept

**Readers:** Team C

**New Rota for Readers**, available in the Sacristy.

**Ministers Rota of the Eucharist:**

Contact: Olivia 086-3438467

**Weekly Church Collection: 7th Sept**

**Tramore** € 3105

**Carbally:** € 250

We thank all for your continued support

**The Parish Office**

Next week's opening Times:

Mon – Fri: 9.30am – 1pm

Contact: 051-386477

**Mass Booking**

The Mass Book for December is open at the Parish Office.

**Tramore Parish FACEBOOK**

Parish of Tramore & Carbally

You may also access on parish website:

[www.tramoreparish.ie](http://www.tramoreparish.ie)

Please LIKE  and SHARE with your family and friends

**Parish Website**

You may have noticed, over the last few weeks, there is an additional page added to our Parish website: "**Gospel & Reflection**" which features the Sunday Gospel every weekend. On this page also there is a Reflection on the Gospel each week, written by Fr. Richard.

[www.tramoreparish.ie](http://www.tramoreparish.ie)

Saturday	13 <sup>th</sup> Sept	<b>10.00am</b>	John & Bridie Trehy & daughter Patricia
			Anne Murray
		<b>7.30pm</b>	Margaret & John O'Keeffe & John Jnr
			Clodagh Floud & Bridget Leonard
Sunday	14 <sup>th</sup> Sept	<b>8.30am</b>	Andrew McCarthy Snr
			Aidan & Nellie White
		<b>11.00am</b>	Trina Ryan (1 <sup>st</sup> Anniversary)
			Teddy McGivney, Gaye & Bernard McGivney
Monday	15 <sup>th</sup> Sept	<b>10.00am</b>	Maurice & Lilian Fitzgerald & deceased members of Fitzgerald & McNeff families
			James & Eileen Reidy
Tuesday	16 <sup>th</sup> Sept	<b>10.00am</b>	Freddie Piper Snr (40 <sup>th</sup> Anniversary)
			Ann Ahearn & Jerry O'Hanlon
Wednesday	17 <sup>th</sup> Sept	<b>10.00am</b>	Michael Power & Power family
			Eileen Fitzgerald & Fitzgerald family
Thursday	18 <sup>th</sup> Sept	<b>10.00am</b>	Nicky, Kitty, Declan & baby Matthew Power
			Mary & William Fleming & Edward Power
Friday	19 <sup>th</sup> Sept	<b>10.00am</b>	<b>HOLY SOULS</b> , Charles & Anastasia White
Saturday	20 <sup>th</sup> Sept	<b>10.00am</b>	James Power
			Jim Brophy
		<b>7.30pm</b>	Sean Brennan (Months Mind)
Sunday	21 <sup>st</sup> Sept	<b>8.30am</b>	Liam Curtin
		<b>11.00am</b>	Martin Greene
			John Barry
<b>Carbally</b>			
Sunday	14 <sup>th</sup> Sept	<b>11.00am</b>	Bridget & Paddy Ryan & daughter Carmel, Rachel Kelly, Tommy Bolger
Sunday	21 <sup>st</sup> Sept	<b>11.00am</b>	Robert Lodge, Richard & Mary Doyle

**Tramore Men's Shed**

The Men's Shed movement was first founded in Australia in the 1980's and has since expanded to other countries including Ireland, the UK, America, Canada, Iceland and Estonia to name a few. Ireland has become one of the leading nations for Men's Sheds in recent years, having the most sheds per capita. Currently, there are over 450 sheds in Ireland, with at least 10,000 men visiting a shed every week.

Men's Shed simply offers a safe place for men of all ages to get together, to meet, chat and engage in different activities. It helps men to avoid social exclusion. Men's sheds are more than just activities like woodwork or gardening, they are places where men can find meaning and purpose, where a friend is always there. In a men's shed, it is said that the greatest tool they have is the kettle, because there's nothing more powerful than a cup of tea and a chat.

At present, Tramore's Men's Shed meets on the second Tuesday of every month at the Coastguard Cultural Centre from 11am onwards. Their next meeting is on Tuesday, September 16<sup>th</sup>. However, Tramore Men's Shed are looking for a suitable premises or space to call their own. If you can help with offering such a space, or would like to sponsor this initiative, or would simply like to know more, please contact Pat McCarthy on 087-6685845.

**Diocese of Waterford & Lismore Jubilee Pilgrimage to Rome**

November 10th -16th 2025, led by Most Rev

Alphonsus Cullinan

Contact Myriam Tours

Tel: 057-9355050

Email: [info@myriam.ie](mailto:info@myriam.ie)

**Retreat and Ministry of Healing St. Mary's Parish, Irishtown, Clonmel, Co. Tipperary Eircode E91FD28**

Saturday September 20<sup>th</sup> & Sunday 21<sup>st</sup> 2025. Led by International Priest Fr. Rozo Palić also beautiful International Music Ministry. Bring the sick, family, friends, neighbours.

For further details contact:

Patricia 089 9466193 or Imelda 089 9558283.